Trampoline Times & Prices

The Driving Force from Grass Roots Trampolining to International Performance

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Day	Trampolining For All	Free Running/ Wall Trampolining	Special Needs Adult Class	Tumbling	Trampoline Party £70.00 for 2 hours
Monday	5.00pm-7.00pm £4.00		4.00pm-5.00pm £4.00		Birthday Parties
Tuesday	5.00pm−7.00pm £4.00		4.00pm-5.00pm £4.00	7.00pm-8.00pm £4.00	Propulsion is delighted to offer Birthday Bounce, a truly memorable experience for you, your children and friends that will
Wednesday	4.00pm-5.00pm £3.00	5.00pm-7.00pm £4.00 7.00pm-8.00pm £3.00			have you giggling with excitement long after you finish. Enjoy an hour on our Olympic-sized trampolines where qualified instructors will take you through your paces. Day & Time: Sundays 11.00am-1.00pm or 1.30pm-3.30pm
Thursday				6.00pm-7.00pm £4.00	Our Birthday Bournoe Package: 11/2 hours on the trampolines & equipment with
Friday		5.00pm-7.00pm £4.00			qualified coaches £70.00 for up to 15 participants, with 30 mins in room for refreshments which you supply.
Saturday	10.00am-11.00am £3.00 11.00am-12.00am £3.00 1.00pm-2.00pm £3.00 2.00pm-4.00pm £4.00 1.00pm-6.00pm £10.00 2.00pm-6.00pm		12.00pm-1.00pm £4.00		Special Needs and Rebound Therapy Propulsion is extremely proud of the work we do with children, young people and adults with special needs, learning difficulties and disabilities. Our experienced and passionate coaches provide great support in the ideal environment within the trampolining and rebound therapy world. Holiday Fun Every school holiday we run all day classes 10.00am till 4.00pm
Sunday	£8.00 4.00pm-6.00pm £4.00 6.00pm-8.00pm £4.00	6.00pm-8.00pm £4.00			oost £10.00 Monday to Friday. Monday to Friday Fun session provide the perfect solution to any holiday boredom, jump and ilip on the trampoline at propulsion trampolining club. Remember all normal classes will run as normal during all holiday periods.

To Book on any class ring Andy on 07720708371 or for more information email to andywildthing@hotmail.com Get involved within this Olympic Sport, everybody is welcome.